

## CORRECTION NOTICE

The World Day of Prayer Service is at **2.30pm** on 7 March, not 6.30pm as previously stated.



	Reader	Sound	Sunday School
<b>Feb 2014</b>			
<b>2nd</b>	John Kelly	Norman Weibye	Rebeca Topping
<b>9th</b>	Gordon Braidwood	Christopher McLeod	Katy Ruggeri
<b>16th</b>	Margaret Cargill	John Kelly	Rebeca Topping
<b>23rd</b>	Miriam Weibye	David Topping	Katy Ruggeri
<b>Mar 2014</b>			
<b>2nd</b>	Roger Paton	Danny McQueen	Rebeca Topping
<b>9th</b>	Astrid Gracie	Norman Weibye	Katy Ruggeri
<b>16th</b>	Pauline Weibye	Christopher McLeod	Rebeca Topping

### **CPC is a registered Scottish charity, Scottish charity No: SC 017061**

Minister	Rev John Urquhart	14 Hallhead Road, 0131 667 1623 minister@craigmillarpark.org
Session Clerk	Pauline Weibye	0131 668 3545 session@craigmillarpark.org
Treasurer & Depute Session Clerk	Christopher McLeod	0131 667 1475 treasurer@craigmillarpark.org
Roll Keeper	Roger Paton	0131 664 2877 rollkeeper@craigmillarpark.org
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Caring Service	Christine Thomson	0131 667 5145
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No 426 February 2014

Minister: Rev John Urquhart

# PRISM



**News & views from Craigmillar Park Church, Edinburgh**  
*A worshipping and caring community, following Jesus Christ*

[www.craigmillarpark.org](http://www.craigmillarpark.org)

## MINISTER'S LETTER



Dear friends,

At the start of last year, our treasurer budgeted for an expected deficit of £32,000. Mainly because of an increase in giving of around £5,000 and a saving of about £4,000 in the budgeted figure for fabric expenses, **our church now expects to have a deficit of over £22,000 for 2013.** This is not a paper exercise: the money to fund the deficit comes out of our diminishing reserves and, if we do not take steps drastically to reduce the gap between our income and expenditure, our position as a church, and legally as a registered charity, will

become rapidly untenable. This is a significant and pressing problem, which we will be taking to Presbytery so that they are fully aware of this situation and ready to advise us.

**To reduce our expenditure, the Congregational Board has decided to cancel our cleaning contract for the church**

**and hall.** This should save us nearly £5,000 a year. Instead, we plan to clean the church and hall using teams of able-bodied volunteers from the congregation. This is not at all unusual: it is what many churches do.

**“If we do not take steps... our position as a church, and legally as a registered charity, will become rapidly untenable”**

Lorne has carried out a survey of the work required and, with a small

working group, is drafting a cleaning plan. This would not mean every area needs to be cleaned every week, though some key areas would be. The plan would not require anyone to go alone into the church or hall, but always as part of a team, working for about an hour at a time to clean sections of our buildings. We would seek to take into account the availability and capability of those who volunteer.

*If you would like to explore offering your services as a church cleaning volunteer, and have not already done so, please talk to Julia Yarker (0131 647302 or [guild@craigmillarpark.org](mailto:guild@craigmillarpark.org)), so that a rota can be created.*

As many of you are aware, Alastair, our church officer, retired in December after 14 years of service to the church. **The Board has decided not to recruit a salaried church officer**, but to employ volunteers on Sundays and distribute some of the duties that were Alastair's between various groups. You may have seen Roger, Norman or Julia bringing in the Bible on Sunday mornings in the most visible of a church officer's many duties. Thank you to them.

If we add what we save through not paying a church officer to what we save through not hiring a cleaner, it should bring our annual savings to almost £10,000 this year. It is obvious that a significant gap of £12,000 to £16,000 or more will

remain between our income and expenditure, unless other efforts are made to reduce it. We have already cut costs for printing and travel. **If you have other ideas for reducing expenditure, please suggest them to the Board.**

**The other way we can reduce the gap is by increasing our income.** The Board has taken professional advice on our investments and agreed some changes, though that will never be a complete solution and is not without moderate risk. Norman has also sought to promote the hire of our buildings, though demand for this is not constant.

**It's also time for us to focus again on financial stewardship.** Financial stewardship is about more than fundraising. A Church publication calls it 'the tangible expression of our trust in God'. It says: 'Giving is a spiritual matter and it is as central to faithful living as prayer, Bible study, and worship.'<sup>1</sup> It is a binding requirement of the General Assembly that we make a concerted effort in this area every three years.<sup>2</sup> We last did this with *Giving in Grace* in 2010. Following that, we had a slight surplus, but, for whatever reasons (and there may be many), it did not result in a sustained and sustainable pattern of healthy finances.

**These things remind us all to pray and as we pray to consider**

## **DATES FOR YOUR DIARY**

### **February**

**Sun 2 at 10.30am – Morning Worship**

**Wed 5 at 7.30pm – NCT Praying Together** in St Columba's, Upper Gray St

**Thu 6 at 2pm – Worship at St Margaret's Care Home**

**Sun 9 at 10.30am – Morning Worship** with the Rev Brian Embleton

**Tue 11 at 2.15pm – The Guild** Bethany Christian Trust

**Tue 11 at 7 for 7.30pm – NCT AGM** St Peter's, Lutton Place

**Sun 16 at 10.30am – Morning Worship**

**Tue 18 at 7pm – Trustees' meeting, with Congregational Board** at 7.30pm

**Sun 23 at 10.30am – Morning Worship** with the Gideons

**Tue 25 at 2.15pm – The Guild** Talk from Braid Vets

### **March**

**Sun 2 at 10.30am – Holy Communion**

**Sun 2 at 3.15pm – Holy Communion at St Margaret's Care Home**

**Wed 5 - Ash Wednesday** (beginning of Lent)

**Wed 5 at 7.30pm – NCT Praying Together** in St Columba's, Upper Gray St

**Fri 7 at 2.30pm – World Day of Prayer service**, St Columba's, Upper Gray St

**Sun 9 at 10.30am – Morning Worship**

**Tue 11 at 2.15pm – The Guild** Into Malta: Guild Project

**Wed 12 at 7.30pm – Kirk Session**

**Sun 16 at 10.30am – Morning Worship** (Stated Annual Meeting afterwards)

**Sun 23 at 10.30am – Morning Worship** with Mrs Fiona Devoy

**Tue 25 at 2.15pm – The Guild** AGM and film

**Sun 30 at 10.30am – Morning Worship**

### **Coming up at Stewart House Men's Club in February...**

7th—*Yellowstone and Grand Teton Parks*, John Graham

14th—*Bermuda Triangle*, John Ramsay

21th—*More Audio Visual Experiences*, Mike Clark

28th—*Carrying the Olympic Torch*, Ken Logan

Fridays at 10.15am in the Church Hall. Coffee £1.50. Visitors welcome.

<sup>1</sup> Church of Scotland. *6 steps to stewardship*. [www.churchofscotland.org.uk/resources/subjects/national\\_stewardship\\_programmes](http://www.churchofscotland.org.uk/resources/subjects/national_stewardship_programmes)

<sup>2</sup> Church of Scotland. *Challenge to the Church: National Stewardship Programme*. [www.churchofscotland.org.uk/\\_\\_\\_data/assets/pdf\\_file/0012/8103/getting\\_started\\_information\\_pack.pdf](http://www.churchofscotland.org.uk/___data/assets/pdf_file/0012/8103/getting_started_information_pack.pdf)

## LIVING IN THE EDINBURGH SUBURBS AROUND 1950

### Part 3: Popular Music

Popular music was beginning to influence our lives, initially all American - crooners like Bing Crosby, orchestras like Glen Millar, really all part of the swing era. However, changes were afoot and suddenly popular music became "pop" with new names like Frankie Vaughan, Johnnie Ray, Guy Mitchell then on to Perry Como, Tommy Steele and skiffle groups led by Briton, Lonnie Donegan. These records were still fragile 78s, so called because they revolved at 78 r.p.m. on our record players. Soon came 45s, then LPs (long players)

and early vinyl copies of these are now collectors' items. Around this time, a new sensation hit the charts - Bill Haley and the Comets arrived with "Rock around the Clock" which changed pop music forever. It really was the start of the life-changing Sixties (although strictly speaking it was still the late fifties) but everything was indeed changing: morals, clothes, behaviour - admittedly it was what we were reading about rather than it affecting us directly.

Roger Paton

## DUTIES

### **2nd February – Convener: Roger Paton (664 2877)**

Flora Paton, Katy Ruggeri, Isabel Smith, Christine Thomson, Miriam Weibye, Norman Weibye

### **9th & 16th February – Convener: Sheena Stenhouse (667 4520)**

Pauline Weibye, Seonaid Wilson, Julia Yarker, Colin Aitken, Ian Breadon, Stephen Bridgett

### **23rd February & 9th March – Convener: Gordon Braidwood (667 1773)**

Renate Butler, David Cargill, Margaret Cargill, Kathleen Cockerell, Betty Laing, Harry Laing

### ***2nd March is Communion***

## CROSSWORD ANSWERS

**Clues Across:** (7) Sorrel, (8) Rocket, (9) Sloe, (10) Snowdrop, (11) Crimson, (13) Tansy, (15) Trugs, (17) Catnips, (20) Camomile, (21) Pips, (22) Pewits, (23) Nutmeg

**Clues Down:** (1) Poplar, (2) Brie, (3) Blossom, (4) Broom, (5) Acid-rain, (6) Melons, (12) Magnolia, (14) Cayenne, (16) Reaper, (18) Pepper, (19) Topsy, (21) Pith

**how we can serve God in the church and in the community.**

Although our opportunities and abilities may vary, we are all called to serve in some way. In a sermon preached in February 1968, based on Jesus' words: 'whoever will be great among you shall be your servant, and whoever of you will be the chief shall be servant of all' (Mark 10: 43-44), Martin Luther King said:

'everybody can be great, because everybody can serve. You don't have to



have a college degree to serve. You don't have to make your subject and your verb agree to serve. You don't have to know about Plato and Aristotle to serve.... You only need a heart full of grace, a soul generated by love.<sup>3</sup>

So please pray not only for our church's situation and for our office-bearers, but also for clarity as to what God is calling us personally and corporately to do, and for whatever we might need to do it.

John

<sup>3</sup> Martin Luther King Jr. "The Drum Major Instinct" 4 Feb 1968 [http://mlk-kpp01.stanford.edu/index.php/encyclopedia/documents\\_contents](http://mlk-kpp01.stanford.edu/index.php/encyclopedia/documents_contents)

## GENERAL ASSEMBLY OF THE CHURCH OF SCOTLAND

### 17 to 23 May 2014: Can You Help?

Stewards play a significantly important role to ensure that many of the backup services, in support of the General Assembly, operate in a highly efficient, welcoming and friendly fashion.

Throughout the week of the General Assembly some 300 stewards help to cover over 1,000 different duties. Each 'shift' generally lasts for about two hours and it is up to each steward as to how often they wish to help - some only have time to help on one occasion, whereas others travel considerable distances to help

as often as they can.

With so many tasks to undertake we are always seeking new volunteers and we are still some way short of our required target for 2014.

If you think you might like to help us then please get in touch for more information. Your help would be very greatly appreciated.

William Mearns,  
Chief Steward

0131 667 1522 or 0780 801 1234

[william@mearns.me](mailto:william@mearns.me)



## **CHURCH OF SCOTLAND – ORGANISATION**

### **Councils committees and departments**



We've already had a look at the overall structure and at the history of the Church of Scotland. Most people know that some of the affairs of the Church are run from the infamous '121'. But how does that all work?

Day to day policy making and practical decision making at local, national and international level are organised into six main councils and a number of associated committees and other departments.

#### **Councils**

Council of Assembly. This Council, meeting monthly, is responsible for monitoring, co-ordinating and evaluating the work of other Councils and Committees. It has responsibility for setting the budget for the Church and determining priorities for expenditure. It also takes necessary administrative decisions between General Assemblies. The 18 voting members of the Council of Assembly are the charity trustees for the central Church.

Church and Society engages in the national, political and social issues affecting Scotland and the world today. Examples of its current work include assisted dying, credit unions and the establishment a network of prison visitor centres throughout Scotland. It also has responsibility for the Church's 'green' agenda, sponsoring the eco-congregation movement, and it hosts the ecumenical Scottish Churches Parliamentary Office.

Ministries Council. This Council supports a variety of ministries for the Church, from the first stirring of a 'call' through to retirement. This can include Ordained Local Ministers (fully qualified but part-time and unpaid ministers), Readers and Deacons as well as Ministers of Word and Sacrament. The Council is also responsible for a number of Ministries Development Staff, deployed in parishes and presbyteries throughout the country.

Mission and Discipleship promotes an overall focus for mission, providing resources for congregations in a range of areas, including music, worship, art and architecture. It runs the National Youth Assembly and also offers training opportunities for elders, session clerks and other office-holders.

Social Care (known as CrossReach) runs around 80 separate caring services, in Christ's name, to older people, children and families and adults in need, making it one of the largest social care providers in Scotland. It has residential homes and schools and also runs a number of daycare services, for example for women with post-natal depression, for children at risk and for people with drug and alcohol dependencies.

World Mission works internationally to share the gospel, support theological education and encourage holistic ministry. The Council works in partnership with local churches in areas as diverse as Nepal, Israel/Palestine and Malawi.

But I repeat my question: can self-help make you happy? As distinct from successful? What happens if we are not geniuses or not lucky? Does it mean that the majority of us have to live out our lives in failure and despair? The relationship between success and happiness is annoyingly complicated. Success can lead to happiness but it is not a necessary condition. And if we have

to choose between them, then happiness must win, because it is our final goal. This is the message all religious leaders - Jesus, Mohammed, Buddha - have illustrated with their lives. And their teachings are the real self-help guide to a happy life.

John Knox

#### **Bible Readings**

If you are willing to consider joining the team of people who read publicly the Scriptures on Sundays, please contact John, our minister

#### **GARDEN SEAT**

When Mrs Meg Fleming died her family gave Craigmillar Park Church a donation of £500 to be used in some way connected to the garden. A garden bench was purchased and

fitted together by John Kelly. Now a firm foundation has been laid by Sheena Stenhouse. 2 large tubs have been gifted by Margaret Cargill. In these we plan to put some scented plants to follow the suggestion that it be a sensory area in the garden. Already a number of people have made use of the seat to sit and eat a packed lunch, read the paper, chat with friends or just sit quietly by themselves.



Many thanks to the Fleming family and others who have worked to improve our church garden.

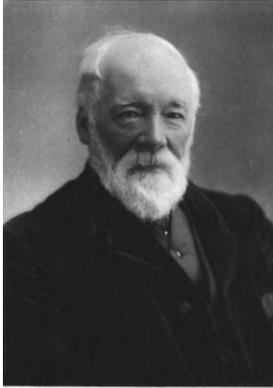
Molly Longmuir

## HELP YOURSELF TO HAPPINESS

On a dark winter's evening I came across an old, dusty book on my shelves at home. It's called "Self Help", published in 1859, and is one of the first self improvement books ever written - unless you count the letters of St Paul. It was written by Samuel Smiles, the son of a shopkeeper in Haddington. In it he uses the life stories of inspirational Scots like Burns, Watt, Telford and Livingstone and Englishmen like Shakespeare, Captain Cook and Richard Arkwright to argue that men, like himself, from humble backgrounds can succeed and do great things for themselves and the world. All they have to do is work hard and help themselves.

The book is peppered with good advice about how to succeed - apply yourself, persevere, stay sober, eat sensibly, take lots of physical exercise, be practical, be a gentleman to those around you, high or low. It's all great advice but it misses out the one ingredient all these successful men had - genius. And I also wonder if these driven men were really happy.

"Self Help" has also become a textbook of modern-day, right-wing politicians because of its rejection of state "interference". "No laws, however stringent, can make the



idle industrious, the thriftless provident or the drunkard sober," wrote Smiles. But he also rejects what he calls the "dreadful theory of laissez faire - let alone." Instead he says all citizens should be helped to take responsibility for their own lives. And that help can take the form of state support or private philanthropy.

Samuel Smiles, as his name implies, appears to have been a happy enough man. He left his school in Haddington at 14 and was apprenticed to the local doctor, eventually qualifying as a doctor himself. He seems to have cured himself of a lung disease by undertaking a voyage around the world. His writing talent won him a job as editor of the Leeds Times and he championed the radical causes of parliamentary reform, women's suffrage and free trade. He married a Leeds lass and had five children. He wrote 13 uplifting books and was one of the literary stars of the Victorian world.

**"Can self-help make you happy? As distinct from successful?"**

## **Committees**

Assembly Arrangements organises the annual General Assembly of the Church of Scotland and manages the Assembly Hall.

Central Services Committee oversees the central support departments: Central Properties; Health and Safety; Stewardship and Finance; Law; IT; Human Resources; Facilities Management.

Ecumenical Relations Committee. Encouraging local, national and international work with other denominations.

Chaplains to HM Forces. Supporting our ministers and those dedicated to the spiritual well-being of the women and men of the Armed Forces.

Legal Questions Committee. Advising the General Assembly on questions of Church and constitutional law.

Nomination Committee. Bringing before the General Assembly the names of those to serve on councils and committees.

Panel on Review and Reform. Listening to the local church and considering the Kirk's changing needs, challenges and responsibilities.

## **Other departments**

Communications. Liaises with the media and responsible for design services, social media and the website.

The Guild. Scotland's largest voluntary Christian group, supporting Scottish and international projects.

General Trustees. Holding properties and investments for the Church.

Housing and Loan Fund. Helping ministers, their widows, widowers, separated or divorced spouses with housing needs in retirement.

Safeguarding Service. Providing child and adult protection training and assisting those who work in outreach with children and vulnerable adults.

Church of Scotland Trust. Holding properties outwith Scotland and acting as trustee in third party trusts.

Investors Trust. Offering Church groups a medium for investing their funds.

Pension Trustees. Responsible for managing the administration of the Church's defined benefit pension schemes.

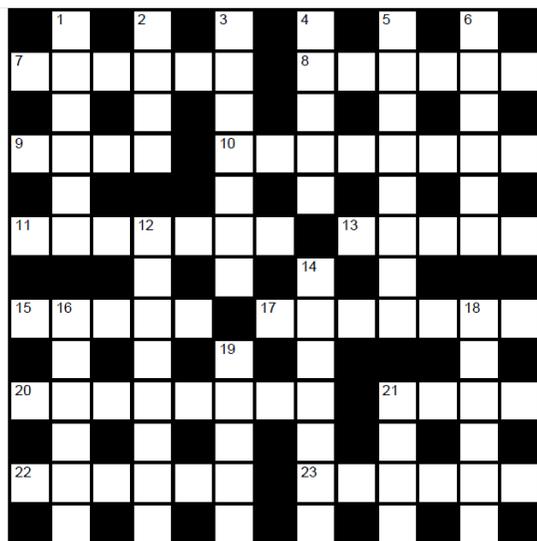
The central departments and councils/committees employ a total of just over 200 staff, most of whom are based in 121 George Street, Edinburgh, although a handful work in other parts of the country. CrossReach employ around 2,000 staff across Scotland. There are approximately 850 ministers, who also need to be paid and supported from the central offices. It's quite a busy place...

Pauline Weibye

## FEBRUARY'S CROSSWORD

by Roger Paton

Answers on page 10



### Across

- 7 Reddish-brown herb used in salads (6)
- 8 Not science, but used in salads! (6)
- 9 Lose around wild plum or blackthorn (4)
- 10 Non-U downpours produce spring flower (8)
- 11 Rich deep colour common in flowers (7)
- 13 Nasty type of herb formerly used in cooking (5)
- 15 Trudges around without Ed, finding baskets (5)
- 17 Plants with a strong smell attractive to cats (7)
- 20 Limo came around this plant (8)
- 21 You'll find these in (6) Down (4)
- 22 Lapwings, named after their cries (6)
- 23 Hard spherical herb used in cookery (6)

### Down

- 1 Tree found in London's east end? (6)
- 2 Briefed, not fed creamy soft cheese (4)
- 3 Flowers seen on plants, fruit trees etc (7)
- 4 A hardy bush with yellow flowers (5)
- 5 Acrid in a funny way causes pollution (4-4)
- 6 Turn lemons into other fruits! (6)
- 12 Am in gaol, get me out for flower! (8)
- 14 A type of (18) Down (7)
- 16 One who gathers in the harvest (6)
- 18 Pungent, aromatic herb (6)
- 19 Would you get mildly drunk eating this cake? (5)
- 21 You'll find this on (6) Down (4)

## 101ST CITY OF EDINBURGH BROWNIES

2014 - Happy New Year - and HAPPY BIRTHDAY to Brownies all over the UK! We are celebrating the Big Brownie Birthday (centenary) this year and will keep you updated with how things progress!

**The Big  
Brownie  
Birthday**

(the old style brown triangles) and eventually the newer up to date multi-coloured square interest badges.

One thing we are doing is creating a 'magic' carpet that we will use at enrolments and special occasions. This is a large green felt blanket with various Brownie badges on it

We are looking for someone to help us embroider our Pack name on to the blanket - if you can do neat embroidery letters - can you please get in touch!

June Savage  
Brown Owl

## PRISM DELIVERY



I am looking for a willing person to help out with Prism delivery on a regular basis in The Grange area. There are only four addresses so shouldn't take too long to do.

I would like to thank Margaret Cargill for her help over the years and also to everyone else who willingly takes on this task.

If anyone is able to help, please speak to me or contact me on 0131 666 1314 or [kathcockerell@aol.com](mailto:kathcockerell@aol.com)

Kathleen Cockerell

## BOTTLE TOPS



It seems that £1500 has now been raised for the Margaret Kerr Unit at the Borders' General Hospital in Melrose from the sale of plastic bottle tops. The palliative care unit has been open for 1 year and has cared for over 150 patients. Thanks to all who have handed in well-washed tops showing either a 2 or 4 in the lid - no others will do! Please continue to place them in the box at the back of the church.

Molly Longmuir